

HILLINGDON SWIMMING CLUB AGE GROUP RECORDS / RANKINGS

Updated: 08.09.2011

(Age at date of swim)

GIRLS 400M IM - LONG COURSE

RANKING	11 YEAR OLDS				12 YEAR OLDS				13 YEAR OLDS			
	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME
1	Francesca Marr	15/05/2005	Crystal Palace	05:16.96	Francesca Marr	10/06/2006	Crystal Palace	05:16.74	Francesca Marr	12/05/2007	Sheffield	05:03.97
2	Karley Mann	11/06/2006	Crystal Palace	05:38.14	Karley Mann	06/10/2007	Crawley	05:24.67	Karley Mann	24/07/2008	Sheffield	05:05.97
3	Lauren O'Connor	31/10/2010	Aldershot	05:50.05	Melanie Quinn	07/08/2002	Sheffield	05:33.38	Melanie Quinn	29/07/2003	Sheffield	05:17.56
4	Kate Wilson	15/06/2008	Ealing	05:52.55	Sarah Harrington	21/11/2009	Crawley	05:34.40	Sarah Quinn	23/07/2007	Sheffield	05:22.00
5	Sarah Harrington	15/06/2008	Ealing	05:54.69	Lauren O'Connor	11/06/2011	London	05:36.82	Sarah Procter	13/06/2009	London	05:26.36

	14 YEAR OLDS				15 YEAR OLDS				16 YEAR OLDS			
	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME
1	Karley Mann	21/11/2009	Crawley	05:02.26	Karley Mann	31/10/2010	Aldershot	04:56.77	Karley Mann	12/03/2011	Manchester	04:50.89
2	Francesca Marr	18/01/2008	Geneva	05:05.21	Sophie Wilson	28/07/2009	Sheffield	04:59.21	Sophie Wilson	15/01/2010	Geneve-Switzerland	05:01.64
3	Sophie Wilson	17/05/2008	Sheffield	05:12.50	Francesca Marr	02/05/2009	Crystal Palace	05:06.71	Francesca Marr	02/05/2010	London	05:03.76
4	Melanie Quinn	02/08/2004	Sheffield	05:13.22	Catherine Monaghan	02/08/2004	Sheffield	05:14.84	Melanie Quinn	20/05/2006	Sheffield	05:16.93
5	Sarah Harrington	01/05/2011	London	05:20.40	Melanie Quinn	26/03/2005	Norwich	05:16.33	Sarah Nisbet	26/03/2005	Norwich	05:17.98

	17 YEAR OLDS				18 YEAR OLDS				ALL AGES - BEST FIVE			
	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME	NAME	DATE	VENUE	TIME
1	Sophie Wilson	30/01/2011	London	05:00.24					Karley Mann	12/03/2011	Manchester	04:50.89
2	Francesca Marr	30/01/2011	London	05:03.46					Sophie Wilson	28/07/2009	Sheffield	04:59.21
3	Melanie Quinn	12/05/2007	Sheffield	05:12.35					Francesca Marr	30/01/2011	London	05:03.46
4									Melanie Quinn	12/05/2007	Sheffield	05:12.35
5									Catherine Monaghan	02/08/2004	Sheffield	05:14.84